

## PERFORMANCE

# FORCE

## I AM GOING TO TEST YOUR LIMITS

### THE ULTIMATE SPORTS PERFORMANCE TRAINING TOOL

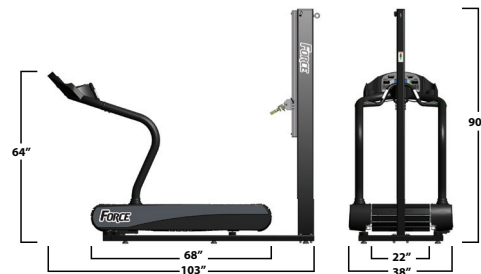
You want the best for obvious reasons. The Force is the perfect tool for acceleration training and energy system development. You can measure the athlete's performance and when you can measure it you can improve it! Quickly and accurately quantify progress and design custom training protocols for maximum progressions.

#### HUMAN PERFORMANCE

There is nothing that compares to the Force. The Force is a stationary sport loading platform designed specifically for speed, acceleration and athletic performance training.

The system works by tethering an athlete in place so they become the "drive" or "force". Instead of a motor there is actually a brake so you have the ability to increase resistance to take training to the next level. This is only made possible with the Slat Belt running surface which allows the belt to move without friction and stand up to the rigors of the largest and most powerful athletes.

By adding more resistance and varying interval time and target speeds the Force is ideal for targeting and training sports specific Energy System Development (ESD). Simply put the Force gives coaches and trainers a remarkable edge in training athletes for speed, explosiveness and anaerobic endurance.



#### SAFETY AND RELIABILITY

The slat-belt running surface also has distinct advantages for you, lasting up to 150,000 miles without a single belt change or deck swap. It was designed to make up for conventional treadmills shortcomings, most notably wear and friction. The rubberized slats are built like a tank, literally. With 114 ball bearings the belt glides, which results in years of life with very little maintenance. There is no need to adjust and tension the belt, our design utilizes tracking rollers and a toothed pulley.

The Force treadmill does not have a motor so it utilizes very little electricity. All it takes is an athlete's will and determination.

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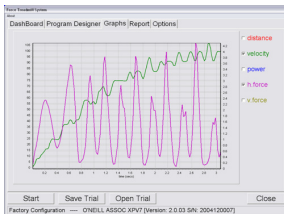
## FORCE 1.5 SOFTWARE

Adds workout tracking software for efficient tracking of users and data. Ability to login athletes, track and compare performance for measurable improvements.



## FORCE 2.0/2.5 SOFTWARE

Add a whole new dimension to performance training with specialized Force Software. Coaches and trainers can fine tune athlete's training regimens and athlete's training regimens and provide feedback in a controlled and measurable environment.



## FORCE 3.0 SOFTWARE

The ultimate for gait analysis and sports specific research. Graphing functionality, treadmill tachometer pacer function and left/right vertical force analysis to measure step length, step rate and symmetry. Workouts can be saved and recalled for comparison or exported for data collection.



● Standard Feature ○ Optional Feature

Force Models	
Force 1.0	The original model, it utilizes an LCD display board for speed, load, heart rate, time & distance
Force 1.5	Adds Force 1.5 Computer Software for workout user tracking
Force 2.0	The addition of Woodway Force Software, computer and horizontal load cell to measure power output & user workout tracking
Force 2.5	Adds 4 Vertical Load Cells to the 2.0 model including computer analysis software for vertical forces
Force 3.0	Gait analysis for sport-specific research for University Level Human Performance and professional sports teams via specialized Force software and 4 vertical & 1 horizontal load cells including pacer and tachometer functionality

USER INTERFACE	
Coded/Non-Coded Polar Heart Rate Pick-up	●
ANT+ Heart Rate Pick-up	NA
Touch Grip Heart Rate Pick-up	●
Force LCD Display Board	●

PERFORMANCE SPECIFICATIONS	
115 Vac 20 Amp	●
208/230 Vac 20 Amp	○

PHYSICAL SPECIFICATIONS	
Running Surface Dimensions	22" W x 68" L (55 x 173 cm)
User Weight Capacity	800 lb.
Belt Type	60 Individual Slats
Drive System	114 Precision Ball Bearings with 12 Roller Guides (4 mm lateral tolerance)
Running Surface	Vulcanized Rubber (38-43 Shore Hardness)
Load/Resistance System	Electromagnetic Braking System Provides 15-150 lb. of Resistance
Unit Weight	560 lb. (Shipping Weight 639 lb.)
Width	38" (97 cm)
Length	103" (262 cm)
Height	90" (229 cm)
Power Supply	115 Vac 20 Amp Power Supply (Dedicated Circuit & NEMA 5-20R Outlet Receptacle Required)
Black Handrails	●
Laptop Computer & Cart with Software Preloaded	Standard on Force 2.0/2.5/3.0
Additional Force Belts (XS-5XL)	○

**Warranty:** 3 year all components  
1 year labor

**TO LEARN MORE, VISIT WWW.WOODWAY.COM OR CALL 800.WOODWAY TO TALK TO A REPRESENTATIVE.**